



HEALTHCARE SAVINGS OF TIME SPENT IN NATURE INTERN

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she/her

ABOUT ME



- Rising Senior
- Double Major: Environmental Studies, Political Science
- Currently doing my capstone for PoE
- International Student from India
- First Internship!

WHY EARTHLAB/N&H ?

Values and Mission
Focus on Environmental and Social Justice



Cohort Model and Activities
Interdisciplinary Interactions

Interesting topic +
Existing Background

Pairing it with my Senior
Capstone Project

THE PROCESS

1

First round of search
Cost-savings + co-benefits
Listed papers on a spreadsheet
About 50 papers

2

Second round of search
Specific terms from a curated list
Cost-savings focused
Exhaustive list on financial studies

3

Data Analysis
Focused on Financial Papers
Demographics, regions, study year and
design
Main Findings

4

Looking Back and Forward
Assessing our work
Future prospects
Passing the baton





DELIVERABLES



Literature Review

Spreadsheet
(Key Information)
+
Bibliography
+
PDFs

Slide Deck

Contains visual aids
for data

Graphs
Map
Table

Progress Report

3-page document

Summary of work
Key documents
Future direction for
interns/volunteers



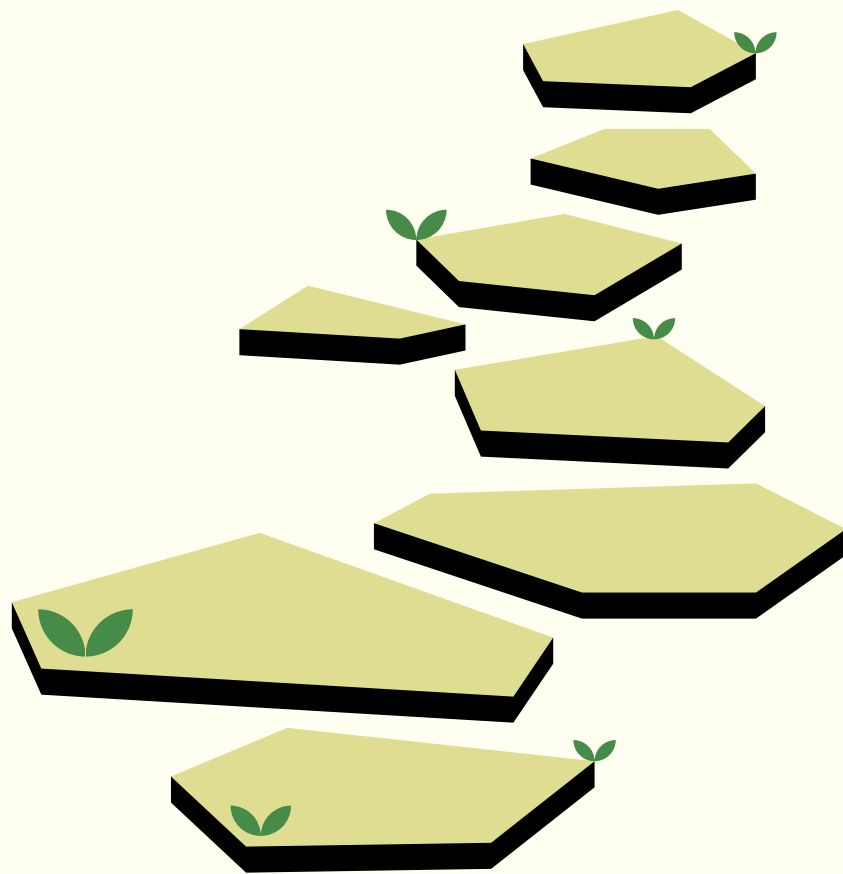


MOVING FORWARD...

Work started before us and will continue after us

Healthcare Economist will quantify cost-savings

Help inform policies and programs in the future



SNIPPETS FROM THE SUMMER



Hope and I working together



Independent work at Cafe Allegro



REFLECTIONS: INTERNSHIP

RESEARCH AND ANALYSIS

Reminded me that I love it!
There is so much to learn and do
Can be repetitive sometimes



ORGANIZATION


Creating a schedule
Organized documents

COLLABORATION AND COMMUNICATION

Asking questions
Good coworkers and supervisors
make work better

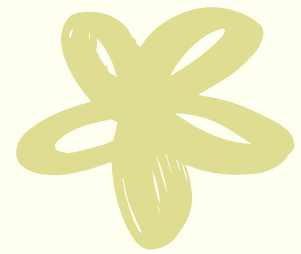
REMOTE WORK

Pros and Cons
Prefer hybrid/in-person
(at least right now)

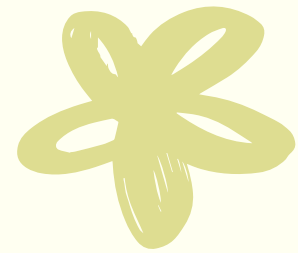




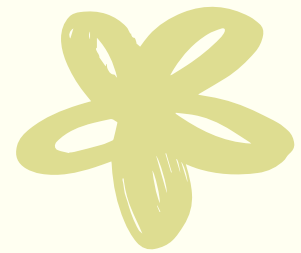
REFLECTIONS: COHORT AND EARTHLAB



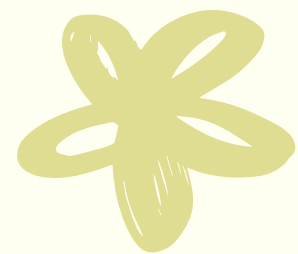
A career where I can do research
(maybe Science communication!)




Career path is rarely linear and you learn
something from every job



Everybody feels like an imposter at
some point-- but believe in yourself!



A lot of people care about the environment!
Progress has been made, we must continue





THANK YOU

Alicia Keefe
Hope Flannigan
EarthLab Cohort
Lissan Tibebe
Anastasia Ramey
Ben Packard
EarthLab Team
Family and Friends!

